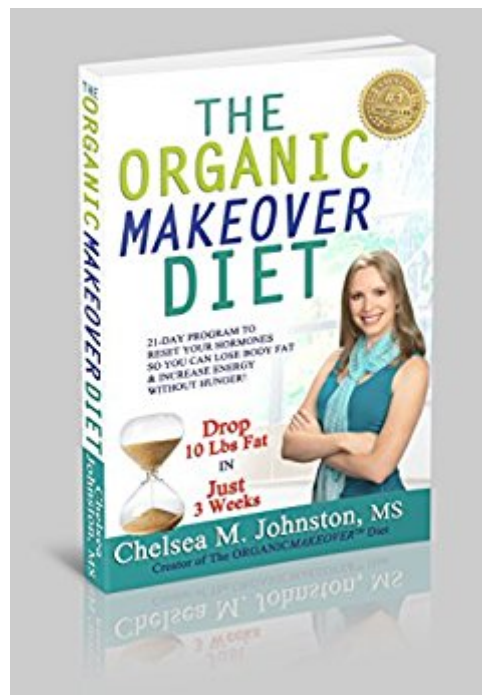


The book was found

The Organic Makeover Diet: 21-Day Program To Reset Your Hormones So You Can Lose Body Fat & Increase Energy Without Hunger! Drop 10 Lbs Fat In Just 3 Weeks.



Synopsis

Traditional weight loss means counting and restricting calories and suffering from constant hunger, anxious thought about food and low energy. The Organic Makeover Diet reveals the truth about how deep nourishment can not only help you overcome weightloss resistance and finally burn and lose fat, but also reverse inflammation and nutrient deficiencies that cause common health complaints.

Book Information

File Size: 1030 KB

Print Length: 45 pages

Simultaneous Device Usage: Unlimited

Publication Date: October 12, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01H1324MK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #231,872 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #9 inÂ Books > Health, Fitness & Dieting > Nutrition > Genetically Engineered Food #14 inÂ Books > Health, Fitness & Dieting > Nutrition > Food Additives #550 inÂ Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Health, Fitness & Dieting

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